

# THE COMPASSIONATE FRIENDS, INC. ANN ARBOR, MICHIGAN CHAPTER OCTOBER 2015 NEWSLETTER

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#### THE COMPASSIONATE FRIENDS, ANN ARBOR

Meetings: held 3rd Sunday of every month

From 2:30 p.m. to 4:30 p.m.

First Presbyterian Church, Vance Room

1432 Washtenaw Ave. (between Hill St. and S. University)

Ann Arbor, MI 48104

**Chapter Phone: 734-707-8141** 

Chapter Website: tcfannarbormich.org

#### CO-REGIONAL COORDINATORS FROM THE

LIVONIA CHAPTER:

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## October 2015 Meeting Welcome

We will be meeting on October 18th from 2:30 to 4:30 p.m. (the 3rd Sunday of the month). To all who are receiving the newsletter for the first time, we wish you were not eligible to belong to this group, but we welcome you and we want you to know that you have many friends here. We who have received love and compassion from others in our time of deep sorrow now wish to offer the same support to you. Please know we understand, we care, and we want to help. You are not alone in your grief. We all need a safe place to talk about and remember our child. It is especially important to newly bereaved parents that others who have found some comfort, or who have moved ahead in their journey, come and lend their support.

The Ann Arbor Chapter website is up and running. Just press Cntrl + Click on <a href="http://tcfannarbormich.org/">http://tcfannarbormich.org/</a> Please pass this information along to anyone you know who might benefit from our meetings and newsletters.

#### **Caring Listeners:**

The following Compassionate Friends are available to listen. Please call if you wish to talk to someone about your child or what you are experiencing:

Susan Kirkup 734-424-9322 Young child, Long term illness, Miscarriage

Ann Wagner 734-996-0205 Murdered child

Valerie Wilsdon 734-678-4396 Auto accident/multiple deaths

**The Compassionate Friends Mission Statement:** When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

#### BIRTHDAYS AND ANNIVERSARIES

# In Spirit, Heart & Memory, Love Lives Forever

This is a difficult time for those observing the death date or the birthday of their child, please remember them with a card or a hug!

#### **OCTOBER**

Cameron Milliere, son of Andy & Paulette Milliere

Justin Speiker, son of John & Kathy Spieker

Andrew Luke VanArtsen, son of Wayne & Mary VanArtsen.

Doug Sproull, son of Marie Sproull & Mark Fazel.

Andrew Willmon, son of Cindy & James Willmon.

Joseph R. Brown, son of Cindy Brown.

Anthony Fabbri, son of Charles & Sandra Fabbri.

Christina Fabbri, daughter of Charles & Sandra Fabbri.

Rebecca Fabbri, daughter of Charles & Sandra Fabbri.

Sara Janet Wallbank, daughter of Janet Shoemaker & John Wallbank.

Raymond John Uhle, son of Katharine Uhle.

Tina Marie Jordan, daughter of Chris Battersby.

Kate Birdsall, daughter of Susan Kirkup & Michael Birdsall.

Liam Patrick Nicholson, son of Michael & Char Nicholson.

#### **NOVEMBER**

Kendall Clair Frank, daughter of Melissa Frank.

Sheri Hamann, daughter of Chuck & Kathy Davenport

Benjamin Adam Van Artsen, son of Wayne & Mary Van Artisen

Morgan Smith, daughter of Claire Joslin

Mark Whitaker, son of Venus & David Lescewski

Emily Elizabeth, daughter of Karen Gratopp.

Madison Rose, daughter of Karen Gratopp

Avery Anne, daughter of Karen Gratopp.

William Edward Thomas, son of Donald Gene Thomas Jr.

Ambria Winston, daughter of Regina Miller

Kristien Lemke, daughter of Bob Lemke.

Corinna Harmon, daughter of Diane Santure.

Jamie Weeks, daughter of Penny Weeks.

Norman Robert "Rob" Campbell, son of Norman & Shirley Campbell.

Dustin Dale Smith, son of Roberta Smith.

Jonathan D. Michael, son of Susan Vickers.

Matthew Smith, son of Carolyn Smith.

Michael B. Eisley, son of Karen & John Eisley.

**Kipling Scott Hemingway**, son of Tom & Jenne Hemingway.

John H. Street III, son of Dawn & Al Yeager.

Julie Ann-Aiko Harrison, daughter of Robert & Sherry Harrison.

Bill Linn, son of George & Anne Linn.

#### Note about birthday and death date information

The information comes from telephone calls requesting to be put on our list, the sign in sheet when attending the monthly meetings, and by emailing Julie at <a href="mosbeyjuliana@gmail.com">mosbeyjuliana@gmail.com</a> If you have only given your name and not that of your spouse, that is what will be used in the newsletter. We are always happy to add/change any information. This column is for you, and to give an accurate remembrance of your dear child.

# Michiko Dead BY JACK GILBERT

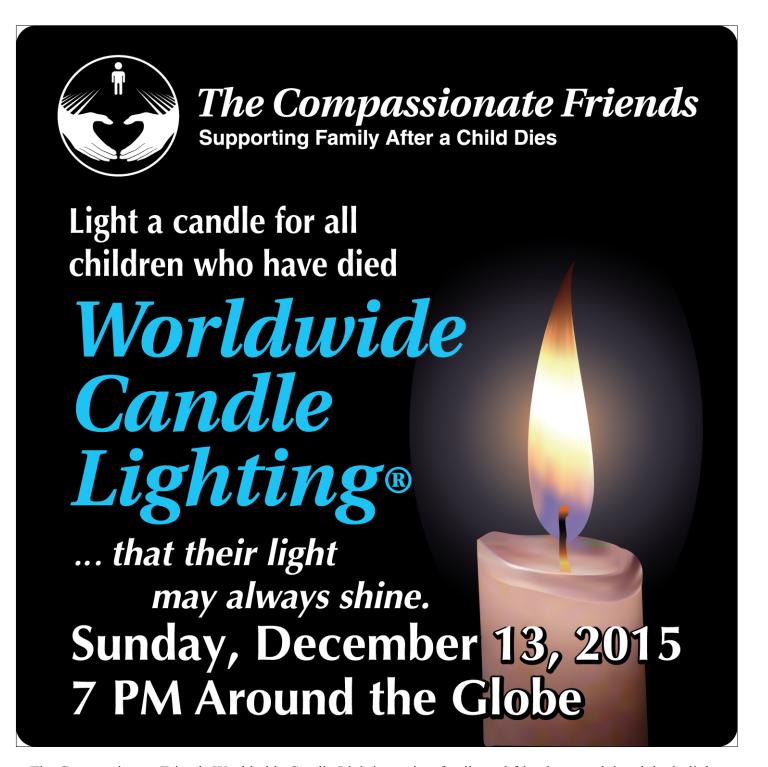
He manages like somebody carrying a box that is too heavy, first with his arms underneath. When their strength gives out, he moves the hands forward, hooking them on the corners, pulling the weight against his chest. He moves his thumbs slightly when the fingers begin to tire, and it makes different muscles take over. Afterward, he carries it on his shoulder, until the blood drains out of the arm that is stretched up to steady the box and the arm goes numb. But now the man can hold underneath again, so that he can go on without ever putting the box down.

Jack Gilbert, "Michiko Dead" from *The Great Fires: Poems 1982 -1992.* Copyright © 1994 by Jack Gilbert. Reprinted with the permission of Alfred A. Knopf, a division of Random House, Inc.

Source: The Great Fires: Poems 1982-1992 (Alfred A. Knopf, 1994)

If you would like to submit a poem, story, or any other material for publication, please send it to: <a href="mailto:newsletter@tcfannarbor.org">newsletter@tcfannarbor.org</a> with **TCF in the subject line.** Also, If you know anyone who might benefit from receiving our newsletter, please give them Julie's email address: <a href="mailto:mosbeyjuliana@gmail.com">mosbeyjuliana@gmail.com</a>

The Ann Arbor Chapter is looking for a volunteer who could take on the position of Treasurer. The commitment is fairly small but important. If you are at all interested, please contact Mike Fedel at: 734-707-8141.



The Compassionate Friends Worldwide Candle Lighting unites family and friends around the globe in lighting candles for one hour to honor the memories of the sons, daughters, brothers, sisters, and grandchildren who left too soon. As candles are lit at 7:00 p.m. local time, hundreds of thousands of persons commemorate and honor the memory of all children gone too soon.

#### **OUR PARTNERS**

The Compassionate Friends recommends The Open to Hope Show as a grief/loss resource for families going through the natural grieving process after the death of a child. The ongoing series is dedicated to Dr. Gloria Horsley's and Dr. Heidi Horsley's son and brother, Scott Preston Horsley. It keys on issues of importance to families that have experienced the death of a child. Watch the most recent episode of the Open To Hope Show: Open to Hope http://www.opentohope.com/tv/

Thank you for the Love Gifts: Love Gifts help with the cost of mailing the newsletter, contacting newly bereaved parents and keeping our Chapter going. We would like to thank Rodney & Cynthia Brown in memory of Joseph R. Brown and Dorothy Brown in memory of her beloved grandson Andrew Willmon. We greatly appreciate all gifts. Please let us know if we have missed thanking anyone for their generosity. See the attached form to fill out and mail in.

**Detroit Chapter TCF:** Vivian Shelton/Kelly Warren, Chapter Co-Leaders, phone 734-660-9557. Meets on the second Thurs. of the month from 6:30-8:30 p.m. at United Methodist Church, 12065 W. Outer Dr., Detroit 48223. Email: tcfdetroit@yahoo.com

Flint TCF: John & Paulette Carpenter, phone: 810-701-5268. Meets second Thurs. and last Tues. from 7-9 p.m. at Hope United Methodist Church 4467 Beecher Rd. (Beecher & Mill), Flint, MI 48532.

**Gladwin Area TCF:** Debbie Mason, phone 989-329-2109. Meets third Thurs, at 7 p.m., First United Methodist Church, 1300 Bartlett Dr., Gladwin, MI 48624.

#### **Livingston County TCF Contact Only:**

Janet Shoemaker, phone 517-546-7243.

*Livonia TCF*: Rhonda Temple, phone: 734-778-0800. Meets **first Thurs.** from 7-9 p.m. at St.. Timothy Presbyterian Church, 16700 Newburg Rd, Livonia, MI 48154. Contact Rhonda Temple 25164 Hanover St. Dearborn Heights, MI 48125 E: red101666@yahoo.com

Pinckney Chapter TCF: James Batchelor, Phone 734-277-9705. Meets **second Monday** at 6:00 p.m. at Christian House of Prayer, 9949 McGregor Road, Pinckney, MI 48169.

**S. Rockwood TCF:** Sheri Schooley, phone: 734-365-4723. Meets third Tues. from 7-9 p.m. at S. Rockwood United Methodist church, 6311 S. Huron River Drive, S. Rockwood, MI 48179.

**Tecumseh Chapter TCF:** phone: 517-270-3308. Meets **fourth Sunday** from 2-4 p.m. at First Presbyterian Church, 211 West Chicago Blvd. Tecumseh, MI 49286. Email: TECCF@outlook.com

**Troy/Rochester Hills TCF:** Tina Evola, phone: 586-634-0239. Meets third Thurs. from 7-9 p.m. at St. Paul United Methodist Church, lower level, 620 Romeo St., Rochester, MI 48308.

TCF Online Weekly Chat Sessions: Go to www.compassionatefriends.org for a schedule of topics.

#### We Need Not Walk Alone (TCF national magazine)

The TCF national magazine is **now available online**. You can sign up to have the magazine **sent to your email** address. Go to: www.compassionatefriends.org Go to the very top of the page, click on "Find Support" Go to "Online Community" then "Sign up for National Publications". The cost to have yearly subscriptions sent to your street address is \$20/3 issues. Contact the National office at the phone number, fax, or email address on page one.

#### **COMMUNITY AND OTHER RESOURCES**

MISCARRIAGE AND NEWBORN LOSS
SUPPORT GROUP: This professionally led group meets on the second Tuesday each month from 7-9 p.m. at the Lamaze Association, 2855 Boardwalk Dr., Ann Arbor, MI 48104. For more information phone 734-973-1014. Website: www.lamazeaa.org

**ELE'S PLACE:** A community-based resource to support children who have suffered the death of a family member. Peer support groups led by trained facilitators and divided by age, from preschool through teens. For information, contact Amy Goodman at 734-929-6640.

Website: www.elesplace.org

**ARBOR HOSPICE:** Offers an extensive grief support program. Support groups are available to all whether or not Arbor Hospice provided hospice care. For information

on current groups, call 734-662-5999 or 1-888-992-2273.

Email: mschultz@arborhospice.org

#### PARENTS OF MURDERED CHILDREN (POMC):

A national self-help organization. There is a metro Detroit Chapter. Call the National Office for more information at 1-888-818-POMC (7662).

Website: www.pomc.org

#### ANN ARBOR SOS GROUP (Survivors of Suicide):

Group open to adults and adolescents. Meets on the second and fourth Tuesday each month 7-9 p.m. at the Gift of Life Building, 3861 Research Park Drive, Ann Arbor 48108. For more information call: Pat Flodin, 734-646-1956. Email: sosgroupa1@gmail.com

**CENTERING CORPORATION** offers a wide range of books videos, and other products. Mention The Compassionate Friends for free shipping. Call 402-553-1200 or fax 402-553-0507. Website: <u>www.centering.org</u>

**GRASP** (Grief Recovery After a Substance Passing) Meets 1st and 3rd Tuesdays of each month at 6:30 p.m. at Home of New Vision, 3800 Packard Suite 210, Ann Arbor 48108. Call Michelle Courdway 734-660-1905.

Email: mcourd66@gmail.com

### To The Ann Arbor Compassionate Friends:

In keeping with the philosophy of The Compassionate Friends, we charge no dues and the newsletter is sent free to bereaved parents who request it . We operate solely from your generous memorial contributions. We do have expenses to meet, including rental of our meeting room and printing and mailing the newsletter. We also try to add to our library from time to time when materials become available to us. All work done for the chapter is strictly voluntary. Please take a moment to send us a check from time to time in your child's memory. Donations on your child's birthday or at Christmas time are greatly appreciated and help us keep the Ann Arbor Chapter operating. The Compassionate Friends is a 501 © (3) organization and contributions are tax deductible. Please fill out the information below and mail it to: Andy Schiff, TCF Ann Arbor, 512 Glendale Circle, Ann Arbor, MI 48103. Thank you so much.

Thank you so much.	
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Enclosed please find a contribution to TCF, Ann Arbor	
In memory of	
Born	Died
Please include your return address so we can send you an acknowledgement for tax purposes.	